

New Hampshire Medicaid Fee-for-Service Program Major Adverse Cardiovascular Events (MACE) - Wegovy Criteria

Approval Date: October 1, 2025

Indications

Generic Name (Brand Name)	Covered Indication	
semaglutide (Wegovy)	Indicated as an adjunct to a reduced-calorie diet and increased physical activity: To reduce the risk of major adverse cardiovascular events (MACE) (cardiovascular death, non-fatal myocardial infarction, or non-fatal stroke) in adults with established cardiovascular disease and either obesity or overweight	

Medications

Brand Names	Generic Names	Dosage	
Wegovy		0.25 mg/0.5 mL, 0.5 mg/0.5 mL, 1 mg/0.5 mL, 1.7 mg/0.75 mL, 2.4 mg/ 0.75 mL	

Criteria for Approval

- 1. Documented failure of at least a three-month trial on a low-calorie diet (1,200 kcal/day for women, 1,600 kcal/day for men); **AND**
- 2. A regimen of increased physical activity including strength training to prevent lean muscle loss unless medically contraindicated by co-morbidity; **AND**
- 3. Baseline body mass index (BMI) must be at least 27 kg/m² or more; **AND**
- 4. The patient has established cardiovascular (CV) disease; AND
- 5. The patient is currently taking guideline-recommended measures for the secondary prevention of a major adverse cardiovascular event (MACE); **AND**
 - A statin at the maximally tolerated dose, ezetimibe, a PCSK9, or a combination of these medications as recommended and tolerated for patients with dyslipidemia
 - Optimizing medications to maintain the appropriate blood pressure goal for patients with hypertension (e.g. an ACE inhibitor or ARB)
 - A beta blocker for patients with a history of MI
 - An anticoagulant or antiplatelet therapy for patients with coronary artery disease (CAD) or other high-risk diagnoses; **AND**

- 6. The patient is at risk for major adverse cardiovascular events (CV death, non-fatal myocardial infarction, or non-fatal stroke); **AND**
- 7. The patient does **not** have a diagnosis of Type 1 or Type 2 Diabetes Mellitus.

Initial approval will be for 6 months.

Criteria for Renewal

- 1. Ongoing prescriber documentation of adherence to a low-calorie diet (1,200 kcal/day for women, 1,600 kcal/day for men); **AND**
- 2. A regimen of increased physical activity and strength training (unless medically contraindicated by co-morbidity); **AND**
- 3. Ongoing adherence to guideline-recommended measures for secondary MACE prevention); AND
- 4. Patient has not experienced any treatment-restricting adverse effects (e.g., diarrhea, nausea, vomiting, gastroesophageal reflux disease).

Renewal approval will be for 12 months.

Criteria for Denial

- 1. Prior approval will be denied if the approval criteria are not met; AND
- 2. Patient is using Wegovy solely for chronic weight management.

Revision History

Reviewed by	Reason for Review	Date Approved
DUR Board	New	09/23/2025
Commissioner	Approval	10/01/2025